# PUBLIC SKATE RULES

Twin Rinks Public Skate is open to skaters of all abilities. Please help us keep the ice safe and enjoyable for everyone.

**Safety & Equipment**

- **CSA-approved helmets are mandatory for all participants, regardless of age or skill level.**
- Skates are required on the ice.
- Children 12 years and under must be accompanied by an adult.
- Long pants, long sleeves and gloves are recommended.
- Skating aids, sledges and wheelchairs are permitted where they can be used safely.

**On the Ice**

- Skate in the same direction as the flow of other skaters.
- Maintain a safe and controlled speed.
- No racing, tag, roughhousing, play fighting or reckless behaviour.
- Do not carry children while skating.
- Hockey sticks, pucks, rings and other sporting equipment are not permitted.
- Hockey drills, figure skating routines, coaching or organized instruction are not permitted during Public Skate.
- Food and drinks are not permitted on the ice.
- Do not sit on, climb over or lean excessively on the boards.

**Ice Maintenance**

- All participants must leave the ice when directed by Twin Rinks staff.
- Stay off the ice during resurfacing and do not return until staff indicate it is safe to do so.
- Always yield to the Zamboni and follow instructions from Twin Rinks staff.

**Respect & Conduct**

Please respect Twin Rinks staff, other skaters and the facility at all times. Anyone behaving recklessly, creating an unsafe environment or failing to follow staff instructions may be asked to leave the ice or facility.

Twin Rinks reserves the right to restrict participation when necessary to protect the safety of participants, staff and facility users.